

Stay healthy with Medical and Perks

Eating well, exercising, and preventing sickness are key ways to keep your body in tip-top shape. All of this is easier said than done – but thanks to your Perks and Medical membership, it just got a lot easier!

✚ MEDICAL

📦 PERKS

To activate your Perks and Medical membership, go to app.perkbox.com



Prevent sickness

The Medical app takes the hassle out of staying healthy. Book phone or video appointments with fully qualified GPs, at home or abroad. Plus, get private prescriptions delivered to your home, workplace, or local pharmacy.



Exercise

Join big-name gyms near you with exclusive discounts from Perkbox. Push your fitness to the next level with savings on stylish activewear, protein shakes and powders, accessories and more!



Eat well

A recipe box subscription is a great way to squeeze healthy eating habits into a busy lifestyle. Cook delicious and nutritious meals at home with discounts from Simply Cook, Mindful Chef and more.

Have any questions? Our Customer Happiness team is here to help. Email help-me@perkbox.com

